

Mama's a Star

4 wall line dance

Demi Plié, Kick, Developpe

1-2 demi plié
3-4 up to 1st position
5-6 RF kick
7-8 RF developpe

Spin into Developpe, Rock Step, 1 ½ Turn Right

9 LF spin full turn right, RF hitch and swing around
10 RF developpe
11 RF step diagonal left forward (10:30)
12 LF step diagonal right forward (1:30)
13 RF rock diagonal left forward (10:30)
14 LF recover weight
15 1/2 turn right, step RF forward (6:00)
& 1/2 turn right, step LF back (12:00)
16 1/2 turn right, step RF forward (6:00)

Sweep & Step Forward, Lock Step, Diamond

17 LF sweep and step forward
18 RF sweep and step forward
19 LF sweep and step forward
20&21 lock step forward RF-LF-RF
22 LF step across RF
23 RF small step back
24 LF step to the left
& RF step across LF

Side, Full Turn (2x), Sweep & Step Back, 3/4 Triple Turn

25 LF step to the left
& 1/2 turn right, RF together (12:00)
26 1/2 turn right, LF together (6:00)
& 1/2 turn right, RF together (12:00)
27 1/2 turn right, LF together (6:00)
28 RF sweep and step back
29 LF sweep and step back
30 RF sweep and step back
31&32 triple 3/4 turn left LF-RF-LF (9:00)

Sweep, Lock Step, Pivot, Spin Full Turn-Developpe, Modified Lock Step

33 RF sweep and step forward
34&35 lock step forward LF-RF-LF
36 RF step forward
37 1/2 turn left, step LF forward (3:00)
38 RF step forward
39 RF spin full turn left, LF developpe (face 3:00)
40 LF step forward (3:00)
& RF step diagonal right forward (4:30)
41 LF lock
& RF step diagonal right forward (4:30)
42 LF lock

SWEEP & STEP BACK, ROCK STEP, LOCK STEP, PIVOT

43 RF sweep and step back
44 LF rock back (9:00)
45 RF recover weight
46&47 lock step forward LF-RF-LF (3:00)
48 RF step forward
& 1/2 turn left, LF together (9:00)

Grand Plié, Kick, Developpe

49-50 grand plié
51-52 up to 1st position
53-54 RF kick
55-56 RF developpe

1/2 Turn Left, Charleston Swivel, 1/2 Turn Left, Lock Step

57 1/2 turn left, RF step back (3:00)
& swivel heels out
58 swivel heels in, step LF back
& swivel heels out
59 swivel heels in, touch R-toe back
& swivel heels out
60 swivel heels in, step RF forward
& swivel heels out
61 swivel heels in, touch L-heel forward
62 1/2 turn left, step LF forward (9:00)
63&64 lock step forward RF-LF-RF
& 1/2 turn right, LF together 3:00)

1 **start over**

Music : Heather Myles
Mama's a Star
BPM : 118 (TRIPLE 2)
Level : Advanced
Choreographer : Tonny van Donk©

